The terms "token" and "cryptocurrency" are often used interchangeably, but they have distinct meanings in the context of blockchain and digital assets. Here are the key differences between the two:

**1. Cryptocurrency:**

- **Definition:** Cryptocurrency refers to **a type of digital or virtual currency that uses cryptography for security and operates on a decentralized network**, typically based on blockchain technology. Cryptocurrencies are designed to **function as a medium of exchange, a store of value, and sometimes as a unit of account.**

- **Examples:** **Bitcoin (BTC) and Ethereum (ETH)** are examples of cryptocurrencies. They are native to their respective blockchain networks and are primarily used as a **form of digital money**.

**2. Token:**

- **Definition:** A token is a **digital asset or unit of value created and managed on a blockchain**. Tokens can **represent various assets, rights, or utilities**, and they are **often created using existing blockchain** platforms like Ethereum. Tokens are more versatile than cryptocurrencies and can **represent ownership of real-world assets, access rights, voting power, and more.**

- **Examples:** In the context of tokens, examples include ERC-20 tokens on the Ethereum blockchain, which represent various digital assets or utility within decentralized applications (DApps). Non-fungible tokens (NFTs) are another type of token representing ownership of unique digital or physical items.

**In summary:**

- Cryptocurrency typically refers to a **digital or virtual currency used as a medium of exchange**, often **native to a specific blockchain network** (e.g., Bitcoin or Ethereum).

- Token is a broader term that represents a **digital asset or unit of value on a blockchain**. Tokens can have various use cases beyond being a currency, such as **representing ownership, rights, or utility within decentralized ecosystems.**

While **all cryptocurrencies are tokens, not all tokens are cryptocurrencies**. Cryptocurrencies specifically function as a medium of exchange, while tokens have a broader range of use cases and can represent diverse assets and functionalities on blockchain platforms.